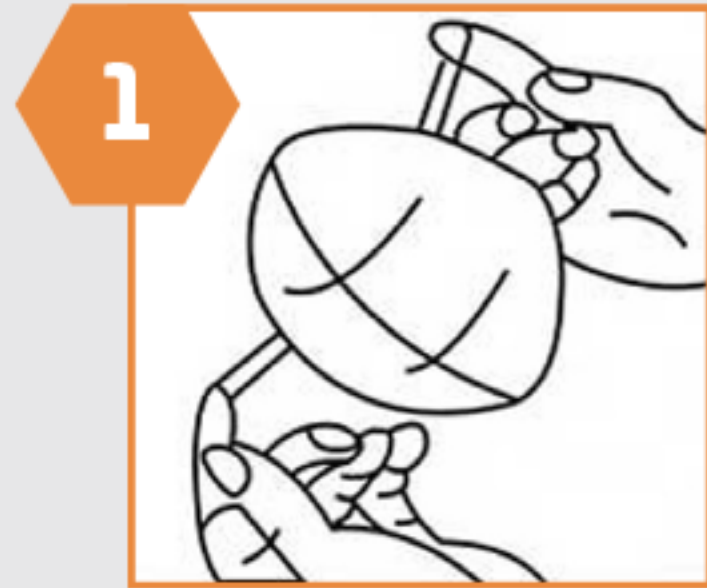# DONNING

1. Face the inside of the mask, take an ear band in each hand, hold the nose clip of the mask up.

2. Place the center of the nose strip over the bridge of the nose so as not to affect the field of vision.

3. Pull the ear band back around your ears. If the bands are too tight or too loose after putting on the mask, adjust the tab of the ear band to adjust the comfort.

4. Place two fingers in the middle of the nose strip and press inward while moving the fingertips laterally along the nose strip until it is completely pressed into the shape of the bridge of the nose.

5. Before entering the working area, the user must check the tightness between the mask and the face.

   To check fit:

   a. Cover the mask with both hands to avoid affecting the position of the mask on the face.

   b. If air leaks from the bridge of the nose when breathing, readjust the nose clip in step 4. If air leaks from the edge of the mask, readjust the ear band. If a good seal is not achieved, repeat steps 1-4.

   c. If no leakage is felt, enter the work area.